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| **Group Work 1: Group Formation**

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| **Setting:** | Seminar |
| **Level:** | Levels 4 - 5 |
| **Activity duration:** | 25 minutes |
| **Guidance:** | This session establishes the principles of group formation through an exploration of Tuckman’s (1965) ‘forming–storming–norming–performing’ model. This session leads onto *Group Work 2 Roles of Responsibilities of Group or Team Members*  |
| **Additional resources:** | *Group Work 1- Group Formation PowerPoint**Group Work 1- Information sheet* |
| **Outcomes:** * To identify a stage of group formation to connect to existing group work experience
* To reflect on how students interact in a group setting and the different dynamics present
* To review the skills developed through group work
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| **Pre-task preparation:** * Students should come prepared with examples of experiences of working in a group context
* Particular emphasis ought to be placed on the ‘forming’ stage
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**Steps to implement the activity:** 1. Introduce the aims of the lesson (see slide 2 on the associated PowerPoint)
2. Introduce Tuckman’s (1965) model (see slide 3). This could be delivered as a pre-class task.
3. Elicit students’ understanding of the four stages of Tuckman’s model
4. As a class, ask students to share some of their anxieties or feelings when working in a group
5. Put students into pairs or small groups and ask them to think about – and discuss – an experience of ‘forming’ within a group context (see slide 4)
6. After a few minutes, ask students to write down a list of words or phrases to describe their experience of working in a group, focusing on the ‘forming’ stage. This can be made into an interactive task, such as a Mentimeter word cloud
7. Based on the words or phrases gathered, ask students to discuss the questions outlined on slide 5 of the PowerPoint
8. Discuss and feedback to the whole group
9. Finally, as a group, ask students to suggest how they might improve their group experiences in the future and form a group more cohesively and effectively (see slide 6)
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