

Beinspired Discover Student Enterprise



Fancy starting your own business?

LSBU's Student Enterprise team

- · Learn how to start up a business and keep it growing
- Develop your ideas and business skills at interactive workshops
- Enter competitions
- Collaborate with lots of other entrepreneurial minds
- Pick up tips from successful UK entrepreneurs
- Get intellectual property advice

How to get in touch

Email us at **studententerprise@lsbu.ac.uk**. And follow us on Twitter **@LSBU_Enterprise**.







How are you feeling? Student life can be stressful sometimes. So can life in general. If you feel like things are getting on top of you, or you'd just like to talk, we're here to help.

Mental Health and wellbeing support

- Short-term support and advice
- Counselling service
- · Self-help resources
- · Help finding and using services outside LSBU
- · Information on wellbeing workshops and events
- We offer appointments at Southwark and Havering, face-to-face or on the phone
- An open door... we offer support to all LSBU students, at any time during your studies



How to get in touch

You can email us at **studentwellbeing@lsbu.ac.uk**, call us on **o2o 7815 6454** or drop in and say hi – you'll find us at the Student Life Centre helpdesk on Southwark campus.



Beinformed L



Enlighten yourself with the Library and Learning Resources

We have two libraries at LSBU – Perry Library on Southwark Campus (for all subjects) and Havering Campus Library (just for health subjects).

Library Services at LSBU

- Over 280,000 books and DVDs, 50,000 e-journals, 14,000 ebooks and over a million TV shows online
- Group study rooms and quiet or silent study spaces
- We're always around if you need help finding books, using the computers or anything else

When we're open

- Perry Library: Monday-Friday 8ammidnight, Saturday-Sunday 10am-9pm
- Havering: Monday-Friday 8.30am-7.30pm, Saturday 9.30am-4.30pm
- We are open during holidays, but the hours vary

How to get in touch

You can email us at **library@lsbu.ac.uk** or give us a call. The number for Southwark campus is **020 7815 6607** and for Havering it's **020 7815 5982**.



Be advised



Help and advice at the Student Life Centre

Got a question about accommodation? Fees? Anything similar?

LSBU's Student Life Centre

We're your first port of call for any of these things:

- Money advice
- Disability & dyslexia support
- Mental health & wellbeing
- Fees and bursaries
- Accommodation
- Student ID Cards
- Multi-Faith Chaplaincy
- Citizens advice (debt advice)
- Advice on letters (like council tax exemption forms)
- Help with travel discounts (like Oyster cards)

How to get in touch

You can email us at studentlife@lsbu.ac.uk

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Be adventurous @

Study and live abroad

Want to broaden your horizons? Apply to study or work abroad as part of your degree.

The LSBU International exchange programme

- · Apply for a LSBU student exchange for a semester or summer with no increased tuition fees
- Choose from our partner universities across the US and China, or Central Queensland University in Australia

The Erasmus+ programme

- The biggest student exchange programme in the world, including 32 countries across Europe
- Work or study abroad for anything between 2 or 3 months and a full year and receive up to
 €430 per month
- No Brexit consequences will affect the programme during the 2016/17 academic year
- Read up on the specifics at www.lsbu.ac.uk/international/outgoing-exchanges

How to get in touch

Email us at erasmus@lsbu.ac.uk to learn more about the Erasmus+ programme, or studyabroad@lsbu.ac.uk to find out more about jetting off to the US, Australia or China.





Be ambitious Q

Improve your employability in the Job Shop

Need a job to get you through your studies? Want to take the job market by storm after you've graduated?

LSBU JobShop drop in service

- Apply for full-time, part-time and graduate jobs that are exclusive to LSBU
- Get help putting together your CV, covering letters and application forms
- · Brush up on your interview skills
- Get top advice on landing the job you want
- Find careers fairs, placement fairs and workshops
- · Scope out the job market with employer visits and our online Jobs board
- Find out what activities count towards your Higher Education Achievement report (find out more at hear.ac.uk)

How to get in touch

You can call us on **020 7815 6427** and email us at **Jobshop@lsbu.ac.uk**. Or come in and say hi – you'll find us opposite the Student Life Centre. We're open Monday to Friday, 9:30am to 5pm.



Be at home



Student accommodation – your home from home

Want a safe and comfy home-from-home while you study?

LSBU halls of residence

We have four halls of residence – none more than a 10-minute walk from Southwark campus.

- 1,396 single, self-contained rooms
- · En-suite or standard rooms
- WiFi access to the uni's internet
- On-site laundry facilities
- On-site management teams and on-call staff for emergencies
- · Good connections for bus, train or underground
- Find out more at www.lsbu.ac.uk/student-life/accommodation
- Social event programme in each Halls
- Accommodation accredited by Universities UK and the Institute of Customer Service



How to get in touch

Give us a call on 020 7815 6417 or email us at accommodation@lsbu.ac.uk



Beinvolved



Represent your university and course

Are you sociable, passionate and personable? Want to tell the world how great your course and uni is?

Apply to be a student ambassador

We're your first port of call for any of these things:

- Join a top team of staff and students
- Work at big events, like open days at local schools and colleges
- Meet new people and make friends from all walks of life
- Boost your communication, team work and presentation skills
- Work flexible hours to fit around your studies
- Make yourself some money too



How to get in touch

You'll find everything you need on **myLSBU** in the 'employability' section. You don't need to have any experience – we give you full training.



Be part of it



Need someone to represent you? Want somewhere to chill and socialise?



LSBU Students' Union

We're the heart of student life at LSBU. If you're a student here, you're automatically a member.

- We run sports clubs, societies, volunteering, events and campaigns
- Get support on all aspects of student life, whenever you need, with our independent advice service
- We run elections every year to decide who'll represent the students of LSBU
- Find out more at www.lsbsu.org



Your Students' Union Officers

How to get in touch

We're in the Student Centre on Borough Road. Our reception's open 9.30am-5pm, Monday to Friday. Email us at info@lsbsu.org.



Beupdated (i) With Student Administration



Got questions about your course?

LSBU Student Admin Helpdesk

Drop in and ask us anything you need to know about your course. Our desks are open all year, although our opening times do change.

Where to find us

You'll find our helpdesks in these buildings:

- London Road (School of Business students)
- Borough Road (Schools of Arts & Creative Industries and Law & Social Sciences)
- Tower Block (Schools of Engineering, Applied Sciences, The Built Environment & Architecture)
- K2 and Havering (School of Health and Social Care)

Attendance

We also monitor your engagement with the University and your course to make sure you're fully supported in the areas of:

- Problem solving it lets us know if there's any problems we can help you with
- Student loans we keep Student Finance England updated to make sure you still qualify for payments on your student loan (if you have one)
- Visas and immigration if you have a Tier 4 visa, we report your attendance to UK Visas and Immigration

How to get in touch

Full contact details for the administrator that deals with your course can be found when visiting the relevant helpdesk.



Be supported Support S



If you have a disability, mental health condition, medical condition or specific learning difficulty (eg. dyslexia), we're here to make sure there aren't barriers to your studies.

Disability and Dyslexia Support (DDS)

- Support arrangements (for teaching, assessment, exams)
- Assistive technology
- · Accessibility support
- Help applying for Disabled Students' Allowances
- Support workers

- Dyslexia screenings
- You can register with us any time during your studies (but there are deadlines for exam support, so don't leave it too late!)
- We offer appointments at Southwark and Havering, face-to-face or on the phone

How to get in touch

You can email us at disability@lsbu.ac.uk, call us on o2o 7815 6454 or drop in and say hi – you'll find us at the Student Life Centre helpdesk on Southwark Campus.



Be connected and Open access IT support and training

Need to use a computer? Our Learning Resources Centre (LRC) is open seven days a week during term time.

IT Support at the LRC

- Over 400 PCs, 20 iMacs and loanable laptops
- · Printing and photocopying
- Quiet, silent or group study areas
- Helpdesk staff to help with your IT account, resetting passwords, WiFi, email, MS Office, printing or anything else you need help with

- 24-hour print & bind service
- Software training in workshops and one-to-one sessions
- Sign-up to get globally recognised MS Office qualifications

How to get in touch

You can email us at Ilr-ithelpdesk@Isbu.ac.uk or give us a call on o2o 7815 6678. Our Twitter handle is @LLRIsbu and you'll find our Facebook page at www.facebook.com/LsbuLibraryAndLearningResources



Beready Brush up on your academic skills



Looking for good study habits to get into? Need to tighten up your essay writing?

The LSBU Skills for Learning team

- Workshops, drop-ins and one-to-ones to help you get the most out of your studies
- Get help with maths, English and academic skills
- Our academic skills and English support will help you develop your writing and thinking
- All our services are free to LSBU students
- To find out more about our workshops: go to S4Lworkshops.eventbrite.com

 For one-to-ones, check out my.lsbu.ac.uk/S4L, email us or visit the Student Life Centre

When you can drop in

- Academic Skills and English: Monday to Friday 11am-1pm (LRC 203)
- Maths: Monday to Friday 11am-1pm (LRC 202) and 2pm-4pm (LRC 203)

How to get in touch

Email us at studyskills@lsbu.ac.uk



Be active Get fit at the Academy of Sport

If you want to stay active while studying, we have plenty of ways for you to work up a sweat.

LSBU Academy of Sport

- Full sized sports hall and dance studio
- State of the art fitness suite and weights room
- Functional training zone with bespoke X-cube rigging
- Sports scholarship available to support athletes study and train
- Additional services available

Lots of ways to get involved

 Group exercise programmes where you can get social while you get fit

- Sports ambassador scheme help us deliver sports to the wider community
- Activities for kids, including parties, camps and after-school clubs
- Vocational short courses available to give you a head start with employment
- Facility hire to run your own activities
- Student sports, join one of our sports societies and continue playing the sport you love at university

How to get in touch

Give us a call on **0207 815 7812** or email us at **sportscentre@lsbu.ac.uk**.

We're open 7am-10pm during the week and 10am-8pm on weekends.



Be

Limited only by your imagination

Become what you want to be at London South Bank University!