



**London
South Bank**
University

EST 1892

PGCert Systems Change: Collaborative Communities

Introduction

The PG Cert Systems Change: Collaborative Communities is a part-time one-year course which aims to equip people involved in health and social care, including citizens, professionals, community leaders from across the community and health and social care sectors, with the knowledge and skills to lead complex collaborative change where the responsibilities for maintaining and recovering health (coproduction) are shared between institutions, professionals, communities and citizens.

As a practitioner involved in health and social care, including citizens, professionals, community leader, you will learn how to bring diverse organisations and people together to develop asset-based innovative solutions to complex personal and community health challenges. The learning approach models the skills and behaviours required to lead collaboratively.



This innovative degree offers both face-to-face and blended learning experiences. The degree is experiential, innovative, ground breaking and open to people who are making a contribution to change in systems with communities. It builds skills in effective collaboration through a combination of taught modules, experiential learning and the completion of a coproduced service change. The highly participative nature of the workshops and groups enables students to experience collaborative leadership and peer learning, exchanging ideas and experiences with the group, and immediately applying new approaches and methodologies to practice. Students are exposed to examples of innovation and have the opportunity to expand their network.

Our team, drawing together academics with people involved in health and social care, including citizens, professionals, community leaders, all of whom have experience of working in health and care settings, will equip students with a whole systems approach to improving the health and wellbeing of people and communities.

We are bringing the best of our applied research and teaching from the School of Health and Social care, and our enterprise work in the Institute of Health and Wellbeing to this PGCert which builds on our strengths in application and leadership practice.

Students can progress onto the MA Leading Social Change.

Acknowledgements

With thanks to Hai Bass, David Boyle, Josephine Namusisiriley, Mandy Rudczenko, Mary Ryan, Sandie Smith, Gwen Young, who have been instrumental in the development and design of this programme.

Learning Outcomes

The PGCert Systems Change: Collaborative Communities aims to develop people:

1. With the knowledge and understanding of collaborative leadership that harnesses the assets of people across communities and institutions in order to lead the health and social care system of the future.
2. Who have a deep understanding of, and ability to innovate in collaborative models of health and wellbeing.
3. Who can critically appraise evidence-based options for leading effective collaborative change for the benefit of people and communities.
4. Who can demonstrate confidence, resilience and the ability to effect change in partnership with people with diverse experiences, cultures, and power.
5. Who have made an impact on health and healthcare through the delivery of real change within the programme.
6. Who leave the programme with a wide network of critical friends and alliances to learn from (peer-2-peer learning).



Modules

Innovating in Collaborative Systems

The context for and approach to innovation across health and care systems which include communities and institutions.

Workshop 1: (3 days): Understanding Now: Understanding the Context for collaborating in communities

- Understanding the context of Self
- Understanding the context of Communities

In between workshop 1 and 2 students undertake an inquiry exercise in their own system; and a Learning Journey Visit to an innovating system.

Workshop 2: (3 days): Understanding the Future: Sustainable Cultures of Collaboration

- Learning journey visit to innovation sites
- The future of community collaboration
- Designing innovation for sustainability and spread

Core Concepts of Quality

This programme provides an introduction to the three core concepts of quality in use in health and social care, namely:

- Systems thinking
- Improvement science
- Coproduction

Students will be introduced to ways of thinking and specific methods associated with each of the three core concepts.

This programme is designed to be highly experiential and interactive. It involves cycles of activity, inquiry and reflection over three days, with debriefing conversations to ground learning throughout. Where possible, sessions will be based on real data to illustrate ideas and explore current and future practice.

- **Workshop 1 (3 days):** Understanding the concepts of Improvement Science (including Flow) and Systems Thinking
- **Workshop 2 (2.5 days):** Understanding Coproduction

Leading Collaborative Change Programmes

Focus: Leading complex change in systems in real-time.

The module develops understanding, skills and practice in designing, implementing, and reviewing a collaborative change programme from co-discovery of the issues, to co-design, co-delivery and co-evaluation. Students are supported in application by the Action Learning Groups facilitated early on in the programme and then self-managing, and co-consulting sessions with course tutors. Seminars are coproduced with the students both in terms of content and delivery.

Workshop 1 (2.5 days): Leading Systems Change and Establishing Project

- Introduction to systems change theories and examples in action
- Listening and interviewing skills
- Values and identities across communities and organisation
- Identifying the scope of the project; designing the overall project implementation shape
- Resourcing your change programme

Workshop 2 (1 day): Engaging Stakeholders, Evaluation

- Engaging stakeholders in the implementation of projects
- Metrics for Performance and Innovation
- Evaluation strategies
- Implementation through prototyping



What you can access

The Health Systems Innovation Lab

A Health Systems Innovation Lab at LSBU connecting innovators to those systems seeking innovation across the UK. The Lab works by bringing together a diverse group of members to learn from and with. The Lab's uniqueness is its use of data to clarify need and impact, and its focus on bringing the next generation of leaders into the learning process alongside current systems leaders. We have a track record in supporting leaders and people involved in systemic change to make a real difference to their organisations, communities and health systems. We hold regular events and conferences that you will be able to attend and as a member.

For more information email the Health Lab, healthlab@lsbu.ac.uk or visit the website: <http://www.lsbu.ac.uk/business/expertise/health-wellbeing-institute/health-systems-innovation-lab>

The People's Academy

This is a unique feature of London South Bank University, where you can engage citizens with experience in governance, systems change, coproduction, personalised services, coaching in mentoring or coaching you with your projects.

The MIT U.Lab Community

As part of the U Lab online learning community you can get advice and peer review from colleagues from around the world, and join in with online coaching sessions with people leading social change from all spheres of life.

Library

We have two libraries – one on our Southwark campus and the other at Havering. In total, we have 800 study spaces, 58,000 electronic journals and databases, 250,000 books, specialist subject advisers and 24/7 opening hours during exam time at Perry Library, Southwark campus.

Entry Requirements

A minimum of a 2:2 first degree/Bachelor degree equivalent to UK Second Class Honours Lower Division in a relevant subject area.

OR

Relevant previous professional/ leadership or 'expert by experience' will also be considered. If applicants do not have the prior qualifications then they must have at least 4 years experience in a relevant role, which will be considered through the University's Accreditation of Experiential Learning (APEL) Process. Applicants applying through APEL must be able to complete either a challenge assessment or produce a portfolio of evidence.

We welcome equivalent qualifications from around the world. English language qualifications for international students: IELTS score of 6.5, Cambridge Proficiency or Advanced Grade C.

Application

You can apply for this programme through the LSBU dedicated application system. Please visit <http://www.lsbu.ac.uk/courses/postgraduate>

Fees

Course Fees: £3750

Launch and Enrolment

The programme starts with a full induction into the academic programme including enrolment, how to use the online learning platform, how to use the library and for those of you without experience a workshop on delivering great assignments in social sciences. We will also host a launch event at the beginning of the programme.

Programme Faculty

Nick Downham
Prof Becky Malby
Visiting Fellow Rebecca Myers
Dr Mary J Ryan
Mandy Rudczenko



About London South Bank University



London South Bank University has been transforming lives, businesses and communities for more than 120 years. Our goal is to deliver:

- Student success
- Real world impact
- Access to opportunity

We are one of the top three modern universities in London for research. Over 70% of our research is considered world leading and internationally excellent. Our research is relevant and actively used in industry with 73% of our work having global impact.

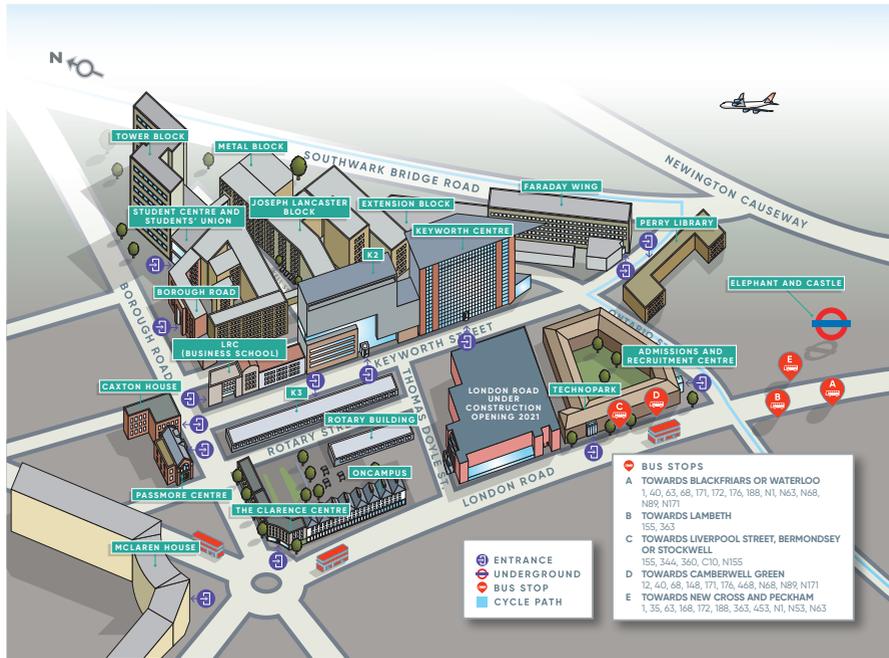
150 British SMEs and major companies have commercial partnerships with LSBU. Nearly 1,000 employers use LSBU to train their staff.

We are challenge-focused and solution-driven, using cross-disciplinary teams to deliver maximum impact for our partners through consultancy, research, training and education. We work with private and public providers, drawing on our expertise in the following areas in Health and Social Care Delivery:

- Workforce innovation, education and development
- Innovation in health and social care delivery
- Service user engagement and experience



Map and Directions



LSBU is located 20 minutes from central London, 15 minute walk from Guy's and St Thomas' Hospital and 5 minutes from Elephant and Castle Tube. We are also well connected for buses.

Contact

For more information please contact:

Professor Becky Malby:

Tel: 07974777309

Email: r.malby@lsbu.ac.uk

Anam Farooq, Project Manager:

Tel: +44 (0)20 7815 8359

Email: anam.farooq@lsbu.ac.uk

Health Systems Innovation Lab:

Email: healthlab@lsbu.ac.uk



**London
South Bank**
University

EST 1892