Gardening & Green Space at LSBU
March 2017 onwards

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A preventative medicine study revealed that green space is worth £2.2bn to public health in England, whilst another recommended that doctors should prescribe gardening far more often for patients with cancer, dementia and mental health problems.

Gardening is a great way to meet new people, exercise, de-stress and help green up your local environment.

All of these coincided perfectly with LSBU’s gardening and green space club which offers staff and students the opportunity to have a go at gardening - no prior experience is needed, and tools, gloves and guidance are provided.
Technopark Biodiversity Garden

 Started in March 2017, Paul Crossley, LSBU’s Sustainability Projects Lead, kick-started the Gardening Club for staff and students in Technopark.

 The club now has several regular colleagues involved – all helping improve the biodiversity of the space. Similar to the Lunchtime Walks delivered by the Sustainability Team, this club is promoting health and wellbeing and giving people a chance to get closer to nature.
A circular bench, designed and built by local craftsman Arthur de Mowbray, was installed at the foot of the tree in the Technopark green space.

In mid-April, LSBU’s Estates Department staff, as well as colleagues from The Clarence Centre, came out in their numbers to help move 3 tonnes of wood chip and logs that the Sustainability Team had sourced for free from Bankside Open Spaces Trust.
Learning Resources Centre Rain Garden

Furthermore, a special rain garden planter was installed on Keyworth Street, in partnership with Better Bankside.

The planters store rainwater from drainpipes which reduces the need to water the plants – it also minimises run-off from the campus to decrease flooding risk.

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LSBU Gardening Club

LSBU runs a gardening club for students and staff every Wednesday, meeting at 12.30 in the Keyworth biodiversity garden.

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Contact us

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