



# Gardening & Green Space at LSBU

## March 2017 onwards

Become what you want to be



**London  
South Bank  
University**

EST 1892

## Biodiversity at LSBU

A preventative medicine [study](#) revealed that green space is worth £2.2bn to public health in England, whilst [another](#) recommended that doctors should prescribe gardening far more often for patients with cancer, dementia and mental health problems.

Gardening is a great way to meet new people, exercise, de-stress and help green up your local environment.

All of these coincided perfectly with LSBU's gardening and green space club which offers staff and students the opportunity to have a go at gardening - no prior experience is needed, and tools, gloves and guidance are provided.



# Become what you want to be



EST 1892

**London  
South Bank  
University**

## Technopark Biodiversity Garden

Started in March 2017, Paul Crossley, LSBU's Sustainability Projects Lead, kick-started the Gardening Club for staff and students in Technopark.

The club now has several regular colleagues involved – all helping improve the biodiversity of the space. Similar to the *Lunchtime Walks* delivered by the Sustainability Team, this club is promoting health and wellbeing and giving people a chance to get closer to nature.



**Become what you want to be**



**London  
South Bank  
University**

EST 1892



A circular bench, designed and built by local craftsman Arthur de Mowbray, was installed at the foot of the tree in the Technopark green space.

In mid-April, LSBU's Estates Department staff, as well as colleagues from The Clarence Centre, came out in their numbers to help move 3 tonnes of wood chip and logs that the Sustainability Team had sourced for free from *Bankside Open Spaces Trust*.

**Become what you want to be**



**London  
South Bank  
University**

EST 1892



## Learning Resources Centre Rain Garden

Furthermore, a special rain garden planter was installed on Keyworth Street, in partnership with *Better Bankside*.

The planters store rainwater from drainpipes which reduces the need to water the plants – it also minimises run-off from the campus to decrease flooding risk.

**Become what you want to be**



**London  
South Bank  
University**

EST 1892

## LSBU Gardening Club

LSBU runs a gardening club for students and staff every Wednesday, meeting at 12.30 in the Keyworth biodiversity garden.

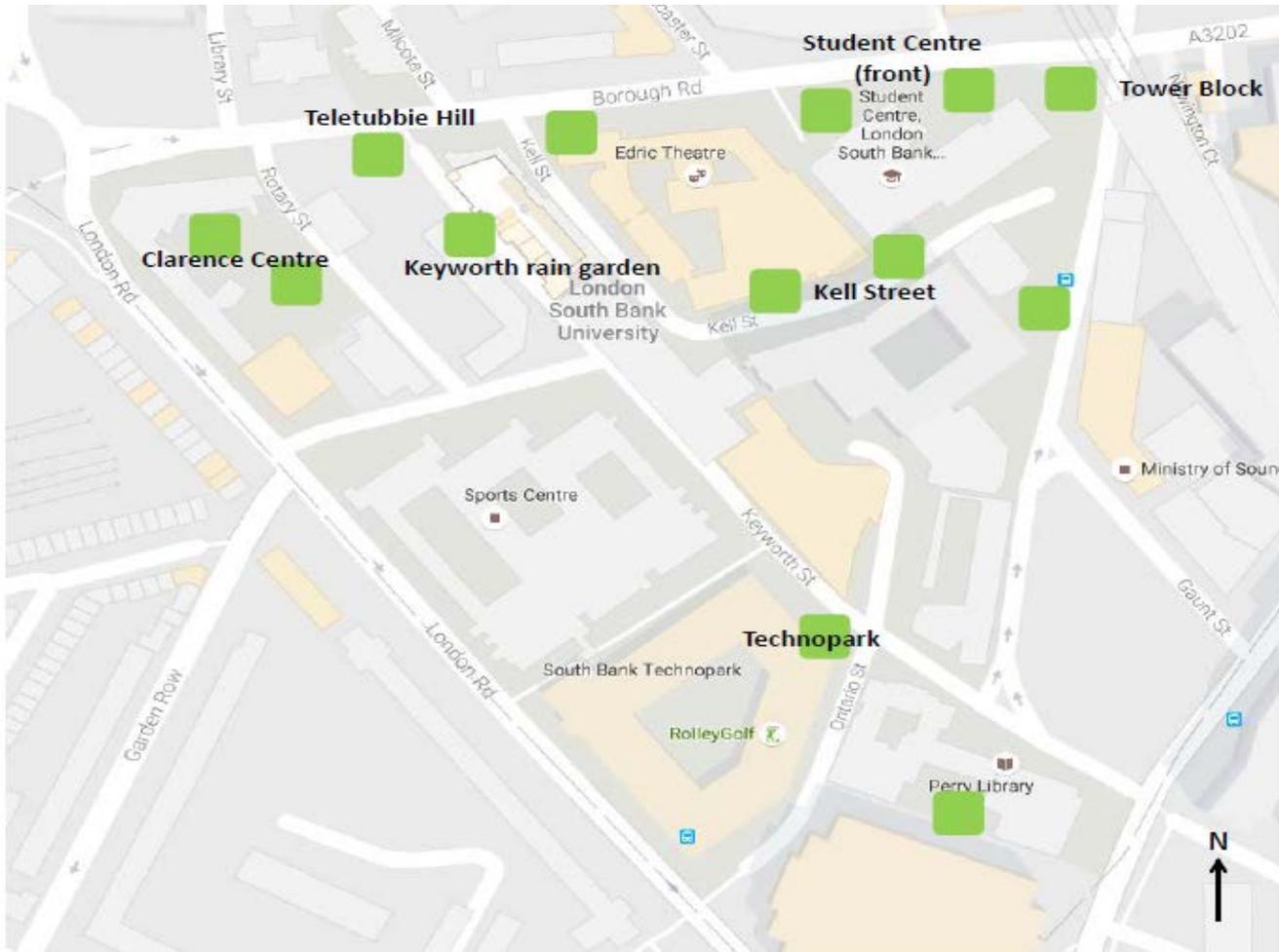


Become what you want to be



EST 1892

**London  
South Bank  
University**



Become what you want to be



**London  
South Bank  
University**

EST 1892



Contact us

Sustainability..... [sustainability@lsbu.ac.uk](mailto:sustainability@lsbu.ac.uk)

Become what you want to be



**London  
South Bank  
University**

EST 1892