

An aerial photograph of a city street scene, likely London, showing various buildings, trees, and a road with a bus. A semi-transparent black box is overlaid on the center of the image, containing the text 'Sustainable Travel: Cycling @ LSBU'.

Sustainable Travel: Cycling @ LSBU

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LSBU's Sustainability Team promotes cycling to both students and staff as a healthy option, to help decrease air pollution and to help cut the cost of commuting.

Through various promotions, incentives and publicity, LSBU regularly communicates information about how the university can be accessed everyday using quiet back roads, in around 30 minutes at a gentle pace (if traveling from approximately 5 miles to LSBU).



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Free Bicycle Maintenance Sessions

In co-operation with local bicycle maintenance specialists *Dr Nip Nip*, LSBU's Sustainability Team funds regular free cycle servicing and repair sessions to students and staff to further promote cycling as a convenient, safe and cheap way to travel around London.

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Cycle Maintenance Classes for LSBU Staff

As part of Bike Week in June 2017, the Sustainability Team organised several drop-in sessions to educate staff about bicycle maintenance and to help increase their confidence in basic skills – from fixing punctures to safety checks for brakes and gears. Around 22 LSBU colleagues joined the sessions.

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Cycle to Work Scheme

LSBU promotes the *Cycle to Work* scheme. Operated on a salary sacrifice basis, the scheme aims to help staff get a bike and accessories on a tax-efficient basis.

Staff can choose a bike and safety equipment (such as a helmet, hi-viz clothing, lights, lock etc.) to the value of £1,000 from over 1,000 bike shops around the country, with many in and around London.

The scheme helps staff save on income tax and National Insurance from this government-backed scheme, with the added convenience of repaying the loan over twelve months.

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Community Bike Repair Stand

The Sustainability Team funded the installation of a public bicycle repair stand (opposite the entrance to the K2 building on Keyworth Street) during the 16/17 academic year.

It's accessible 24/7 to students, staff and any member of the community who cycles by and needs to make an emergency repair – the stand comes with tools attached.

Furthermore, the Team maintains a supply of bicycle spares that are available to cyclists in need of emergency assistance.



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Location of Bike Racks across LSBU



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Contact us

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