

Letter from the Vice-Chancellor



In my first 10 months as Vice-Chancellor of LSBU, I have been greatly impressed at how highly our alumni regard their University

It is my pleasure to welcome you for the first time to the latest edition of With Our Thanks, London South Bank University's annual publication created especially for our donors.

In my first 10 months as Vice-Chancellor of LSBU, I have been greatly impressed at how highly our alumni regard their University. I have found it especially reassuring that so many of you donate your time and money to help our students, with 552 donors supporting us in the last year.

The world of higher education continues to change and develop rapidly and we must continue to innovate in order to keep pace. Students demand more for their money and they expect the University to invest in their education in order to enhance their future job prospects. The decision to remove student number controls will mean more competition in an already heated environment, and this will continue to be fuelled by private providers and overseas

institutions, as well as UK universities setting up London campuses. It is clear that the institutions that successfully meet and manage these expectations are the ones who will prosper. We must excel in providing a personalised student experience as this will lead to stronger graduates in a competitive job market. The experience we offer must be distinctive and uniquely LSBU.

That is why we ask you to dedicate your time and resources to our students, not only by making donations, but also by mentoring students and inviting them into your offices on work placements and internships. This year, almost 600 alumni have offered mentoring and work placements; the more alumni that can provide this type of support, the more it reinforces the work we have been doing to improve the employment prospects of LSBU students.

I believe that the future for LSBU hinges around three prime factors which drive each other: teaching, research and enterprise. I believe that if our courses are underpinned by research and by enterprise, they will show greater relevance to employers. LSBU already has a reputation for courses which are relevant to the professions, for applied research and for business engagement; and our teaching is becoming more dynamic as we produce enterprising graduates ready for a global market.

Throughout the pages of With our Thanks you will see examples of research, enterprise and excellent teaching, alongside stories of how your philanthropic support has helped to shape the education of some of our students. I hope that you see your donations as an investment in London South Bank University and in our students, and enjoy reading how LSBU is evolving into an enterprising civic university, addressing real world challenges.

FA Pm

Professor David Phoenix *Vice-Chancellor and Chief Executive*

LSBU/Fundraising: at a glance

£1,773,000

Philanthropic funds raised in 2013-14



Donor gender





Since the **Annual Fund** began in 2007, it has been supported by:

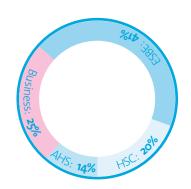


110 organisations and

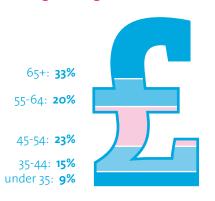


2,571 individuals

Donor Faculty



Age range of donors



Scholarships

We offer a wide range of qualifications at different levels, so it is easy to see why some students stay with LSBU for a long time



Frederick Okang | BEng Electrical and Electronic Engineering, scholarship recipient

Frederick began his life at LSBU studying a Foundation degree in Power Distribution, graduating with a merit. His success spurred him on to continue his studies with a BEng in Electrical and Electronic Engineering, where he enjoyed even greater success and graduated with first class honours.

When Frederick wanted to continue his education with a Master's degree, the MSc Sustainable Energy Systems was ideal for him. It would build on his past achievements while developing his passion for generating energy from renewable means. It would also provide the academic requirements to achieve Chartered Engineer status when following on from an appropriate accredited BEng degree.

"One of the things that attracted me to LSBU is that it is among the top ranking modern universities for graduate salaries," says Frederick. "It equips graduates with the right skills for their future career success which is important to me, and it is also great that it is close to my family and friends."

"In the future, organisations and government bodies will be looking for experts capable of advising, designing, building and confirming energy policies. With this qualification, I am hoping to be one of those experts, working with companies like UK Power Network to continue my learning and become a Chartered Electrical Engineer," he says.

Funding his continued study remained a challenge for Frederick. He felt that his postgraduate education may have to wait while he embarked on a career, returning to his studies once he had saved enough to fund them. As an alternative to delaying his education, however, he applied for a Kevin Herriott Scholarship, which is awarded on the basis of academic excellence. His application was successful, largely thanks to his first class honours degree.

"I was absolutely over the moon when I discovered my application had been successful," says Frederick. "It is a moment I will never forget and something that has had such a big impact on my life and the lives of those around me. I never thought the opportunity for postgraduate study would come to me so soon in life."

A Vice-Chancellor's Scholarship is helping one LSBU student to make a real difference to the lives of young people and the communities they live in

Anna Machin | MSc Corporate Governance, scholarship recipient

When it came to getting back into education, Cambridge University graduate Anna Machin had no doubts that LSBU was the best place to study her Master's. Through her work heading up the Fundraising and Communication team for the national charity Student Hubs, Anna became increasingly interested in what companies can achieve through Corporate Social Responsibility activities.

"Student Hubs works in eight UK universities to inspire, connect and support students to shape a better world," she says. "We partner with companies like Barclays, Accenture and IBM, and I became inspired by their achievements through Corporate Social Responsibility. I wanted to learn more, so joining the MSc Corporate Governance at LSBU was the perfect solution."

Anna found the course after an online search, and was immediately impressed by the practical nature of what she would study. "The fact that the Master's combined academic study with a professional qualification made the course a really ideal way for me to pursue my goal of becoming a Chartered Secretary," she recalls. "In addition, the chance to study part-time was perfect for me."

Attending an Open Day confirmed to Anna that not only was the course perfectly suited to her, but our location was too: "The location is really important to me, as I live and work in London and can attend evening lectures after finishing work," she says.



Anna has been delighted with how the course has advanced her understanding of Corporate Social Responsibility. "It enables me to engage with the issues academically whilst gaining a qualification that will improve my future career prospects," she says. "I have been able to put a lot of my learning into immediate use as part of my existing role."

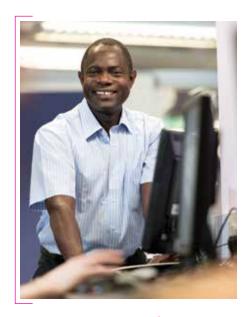
Even though Anna has been able to continue working while she studies, the financial pressure of life in London meant that study would not be possible without making sacrifices. To ease the impact, she applied for a Vice-Chancellor's Scholarship and was delighted to discover she had been awarded one

"The scholarship has made a huge difference to me not only financially, but as a boost to my confidence in re-entering academic study, and I am hugely grateful," says Anna.

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Scholarships

How an LSBU Master's will help a student raised in Uganda to improve public health in his homeland



Jonathan Karusoke | MSc Public Health & Health Promotion, scholarship recipient

Jonathan Karusoke has been working as an adult nurse since completing his Diploma in Adult Nursing at LSBU in 2005. Like many in the nursing profession, he sees himself as a lifelong learner. He has twice returned to education and completed an undergraduate degree in Nursing Studies before rejoining LSBU to study MSc Public Health & Health Promotion.

The course was the ideal choice for Jonathan as he knew what an outstanding reputation LSBU has for Nursing, while the vocational focus of the course appealed to him.

Jonathan also shares LSBU's commitment to enabling people and communities to increase control over their health. He traces this back to his own childhood, which was spent in rural western Uganda. There, he saw first-hand the suffering that preventable diseases can cause when coupled with the lack of a good education and social support.

'Throughout my career, many of the patients I have cared for are from low-income groups, ethnic minorities or single parents,' he says. 'They often have limited support and low educational attainment, and I want to play my part in promoting public health. Clinical medicine needs to be complemented with effective public health promotion to shift resources away from acute hospital admissions and towards preventative health promotion programmes.'

All that remained for Jonathan was to find the funding for his studies. He applied for a Vice-Chancellor's Scholarship, knowing that if he was unsuccessful, he may not have been able to undertake the degree.

Understandably, he is delighted with his success in securing £4,000 of funding via the scheme: "It's changed my life. My success has made me even more determined to succeed and has given me purpose, focus and determination," he says.

"I feel that when I graduate, I will make positive changes to the lives of others through education, raising awareness, and sharing knowledge and skills. I look forward to going back to work and promoting public health in rural western Uganda, where I was born and grew up."

The Michal Lyons Fund



Professor Michal Lyons was an internationally recognised expert in international development and joined London South Bank University in 1988. She researched, published, and edited many articles on the subject and carried out fieldwork in Africa, Asia and Latin America. Unfortunately, Michal died last year after bravely fighting the recurrence of cancer.

During her distinguished career, Michal made a substantial contribution to teaching and research in Development Studies, both at the University and on the wider international stage. Michal managed funding for projects in sub-Saharan Africa, South Asia, and Eastern Europe. She consulted widely with NGOs and served on the editorial boards of several journals.

Michal's family, friends and colleagues have set up the Michal Lyons Fund to support research in the development field by holding an annual lecture, awarding an annual prize to a student on the MSc Development programme, and sponsoring short periods of fieldwork by MSc and PhD students in developing countries, among other activities.

Michal made a substantial contribution to teaching and research both at the University and internationally

If you would like to make a gift to the Michal Lyons Fund, please contact Suzie Bannerman by phone on 020 7815 6073 or by email at sbannerman@lsbu.ac.uk

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LSBU/News



Detail of Isherwood Rig

Reviving the Isherwood Rig

Almost 35 years ago, a South Bank Polytechnic PhD student, Paul Isherwood, designed, built and tested an aid to fit sockets for attachments to prosthetic legs.

Traditional methods for the fitting of artificial limbs can be very painful and the Isherwood Rig aimed to reduce this pain by using data to distribute evenly the pressure on an amputee's leg. The Rig used a hydraulic system with small sealed bags of liquid positioned around the amputee's leg, which allowed a casting to be made. A mechanical screw was used to make tiny adjustments to the pressure and the amputee was able to provide feedback when it was more, or less, comfortable.

Blesma, The Limbless Veterans, have donated £2,000 to update the Isherwood Rig

35 years later, LSBU is updating the Isherwood Rig with the help of Blesma, The Limbless Veterans, which has made a donation of £2,000 to enable a recent graduate to undertake the work. The Rig will now use up-to-date, computer-controlled pressure syringes to manage the hydraulic elements to increase the level of accuracy and to control the fit of the prostheses.

A Walk for Community Welfare

LSBU staff and students joined a crowd of 10,000 for a 10km walk to raise funds for community law services.

The Law Department organised a team of students, staff, alumni and supporters who walked to raise funds for our own LSBU Legal Advice Clinic (LAC). The walk was organised by the London Legal Support Trust, an independent charity which raises funds for free legal advice services in London and the South East.

The LSBU team was joined by lawyers, advice workers, supporters and senior figures in the legal profession, including the Lord Chief Justice, the Master of the Rolls, the President of the Supreme Court, the Attorney General, the Director of Public Prosecutions, and the President of the Law Society.

Alan Russell, Director of the LAC said:
'The walk could not have come at a
better time for cash-strapped legal
advice agencies and their clients. Funding
cuts to legal aid mean that since 2013
there's been no publicly-funded debt,
employment, welfare benefits and
education advice at all.

'Housing, family and immigration advice is now restricted to all but a handful of cases and that's precisely the type of work we do in the Clinic.'

The LAC provides a free face-to-face community legal advice service and has, since September 2011, helped more than 1000 clients. It is staffed by trained law students and supervised by experienced, practising social welfare law solicitors.

"

The walk could not have come at a better time for legal advice agencies and their clients

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Earlier this year, the LAC was highly commended in the LawWorks and Attorney General's Pro Bono Awards 2014.

If you would like to support the Legal Advice Clinic, please contact Suzie Bannerman by phone on 0207 815 6073 or by email at sbannerman@lsbu.ac.uk

LSBU/News

Dealing with Debt



LSBU has undertaken a debt advice outreach project alongside the Southwark Citizens Advice Bureau to try to help students in hardship and allow them to continue with their studies.

In only 3 months, a stark picture was painted of the level of support that some students require financially. The project assisted 31 students who had a total debt of £154,000 (an average of £4,967 each). With the help of the project, more than £60,000 of the total debt has been managed.

The debts most commonly seen centre around housing and council tax arrears, credit card debt and money owed to other private creditors. The advice centres around how students can prioritise their payments in order to reduce the

stress and anxiety involved with being in debt. Often, people can't face up to the reality of being in debt because of the stigma surrounding it. 80% of those that were supported found the advice made a lot of difference, and they felt less upset or stressed by their situation. More importantly, 50% were in a better position to continue studying at LSBU, which benefits both the student and LSBU.

To continue the positive impact that this project has made, we have created the LSBU Hardship Fund so that donors can support those students in real financial difficulty. If you would like to support the Hardship Fund, please contact Suzie Bannerman on 020 7815 6073 or by email on sbannerman@lsbu.ac.uk.

Fitness For All

A recent £1 million makeover of LSBU's Sports Centre aims to improve access to educational sports facilities.

The London Borough of Southwark generously invested £300,000 to get the project off the ground and has helped to make the development a reality. The Centre includes a brand new external entrance in a prime location on campus; it has more activity space and room for top-class indoor sports, as well as exercise facilities to help improve members' health and overall fitness levels.

The Centre provides therapy services, personal training programmes and a multipurpose sports hall

The redevelopment has the backing of Sport England, which supports facility improvements that increase participation and help people create a sporting habit for life. The improvements to LSBU sports facilities will make the Centre more accessible and enjoyable for people of all ages in the community, as well as students and staff at LSBU.

Alongside fitness machines, the Centre provides therapy services, personal training programmes and a multipurpose Sports Hall for badminton, basketball, indoor football, netball, volleyball and martial arts. A range of junior programmes including school holiday sports camps, summer camps and after school sports will also help local children remain active.

Andy Powlesland, Director of the Academy of Sport, said: 'The Sports Centre is now extremely visible on one of the busiest corners of the campus, and this raised awareness will lead to greater participation. It allows for extended opening hours, and supports Sport England's strategy to open up education-based sports halls to the community'.

For more information on sports facilities at LSBU, please contact the Academy of Sport by phone on 020 7815 7812.

LSBU/News

Medication in Motion

LSBU Researchers are conducting a study to find out whether tai chi can help those living with cystic fibrosis.

Cystic fibrosis is a chronic, genetic condition in which core bodily functions such as breathing and digestion are extremely compromised, making exercise and even socialising problematic.

The research team has conducted one of the first studies of its kind in the world, and the results were very promising

The research team has already conducted one of the first studies in the world to find out whether tai chi might be beneficial to help people stay well or to help when they are unwell. As the results were very promising, the Tracie Lawlor Trust for Cystic Fibrosis has commissioned a second, larger study to ascertain whether these results can be replicated.

Tai chi is an ancient Chinese form of exercise that uses mindfulness, breathing techniques and choreographed movements to improve health and wellbeing. The study is being carried out in collaboration with the Royal Brompton Hospital and with the help of experienced teachers from Wu Shi Taiji Quan and Qi Gong Association in London.

During the study, participants from the Royal Brompton will either receive face-to-face tai chi sessions or remote internet-delivered tai chi. All study participants receive a DVD and a booklet to help them practice tai chi at home. It is hoped the findings of the study will show whether tai chi could be a useful add-on treatment for those with cystic fibrosis, and also what further research is needed.



Acupuncture for Amputees

A local charity is helping LSBU researchers to evaluate the provision of a local acupuncture service to amputees experiencing phantom limb pain.

Guy's and St Thomas' Charity has given just over £19,000 to fund a research trial into how acupuncture can be used to help treat phantom limb pain. The project will involve the services of the Amputee Rehabilitation Unit and the Gateway Acupuncture Service, which are part of Guy's and St Thomas' NHS Foundation Trust.

Guy's and St Thomas' NHS Foundation Trust has given over £19,000 to fund a research trial

There is a high prevalence of phantom limb pain in amputees. Treatment (including medication) is often unsuccessful and rarely solves the problem. With the rise in amputations due to diseases such as diabetes, vascular problems caused by old age, and poor health, the treatment of amputees with phantom limb pain is becoming a global issue.



Acupuncture has been shown to relieve pain and this trial will work with inpatients who will receive acupuncture as part of their seven week rehabilitation program whilst at the Amputee Rehabilitation Unit. The trial will use traditional Chinese acupuncture and focus on the whole body, including ear acupuncture. Some acupuncture points will be specified in the trial but the practitioner will also be able to take a pragmatic approach, which will allow for a degree of flexibility for individual treatment.

Professor Nicola Robinson said: 'Phantom limb pain is a real problem for amputees and causes much distress; it is currently poorly managed with conventional medication. We are grateful for this funding as it will enable us to carry out a small feasibility study to determine whether acupuncture has the potential to help these patients'.

Donors

The Honour Roll is published as a thank you to individuals and organisations that have financially supported the University during 2013-14.

The 2013-14 Honour Roll records gifts received from 1 August 2013 to 31 July 2014. Gifts received after 31 July 2014 will be recorded in the 2014-15 Honour Roll. We are also grateful to those individuals and organisations that have requested anonymity. We thank you all for your generous support.

We have shown graduation year in brackets (where known). If your graduation year is not featured, please contact us so that we can update our records.

We have highlighted those donors who have given in consecutive years (*).

We would like to apologise for any omissions or inaccuracies.

Organisations

1 anonymous organisation

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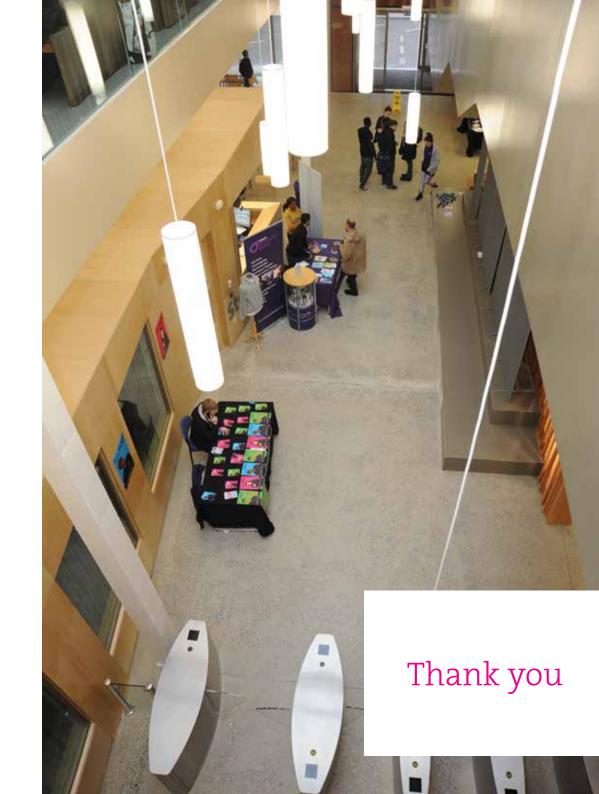
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