

CAMSTRAND 2015

Programme

Tuesday 9th June

Keyworth Centre, London South Bank University, London SE1 0AA

13.00-13.30 Registration

13.30-17.00 Workshop: Putting Clinical Practice into Research

The keynote speaker at the workshop on 9th June will be Prof George Lewith, Professor of Health Services Research, University of Southampton, who will present on 'Pilot and feasibility trials; is it possible to replicate practice in research'. There will also be contributions from Teresa Young, Lynda Jackson Macmillan Centre, Mount Vernon Hospital; Dr Fan Qu from Zheijiang Women's Hospital, China; and Mark Bovey, British Acupuncture Council

17.00-18.15 Heads of CAM research meeting - invited

18.30 Conference dinner - local restaurant

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Wednesday 10th June

Keyworth Centre, London South Bank University, London SE1 0AA

08.45-09.25 **Registration (tea/coffee)**

09.25-09.30 **Welcome – Professor Nicky Robinson, Professor of Traditional Chinese Medicine and Integrated Health, London South Bank University.**

09.30-10.15 **Keynote lecture: ‘Connecting with the Strategic Agenda: integrated medicine, polypharmacy, antimicrobial resistance and multimorbidity’
Dr Peter Fisher, Research Director, Royal London Hospital for Integrated Medicine**

10.15-10.45 Using daily self-administered indirect moxibustion to zusanli ST-36 to reduce chemotherapy-induced pancytopenia: a feasibility study.
Beverley de Valois, Lynda Jackson Macmillan Centre, Mount Vernon Cancer Centre.

10.45-11.15 Developing a double blind randomised controlled trial of Chinese herbal medicines for the treatment of recurrent urinary tract infections (ruti) delivered via primary care.
Andrew Flower, University of Southampton.

11.15-11.30 **Coffee break**

11.30-12.00 Research protocol for a feasibility study: the effect and mechanisms of patient-reported outcomes when used in specialist musculoskeletal care settings for patients with low back pain.
Michelle M Holmes, University of Southampton.

12.00-12.30 A pragmatic observational feasibility study on integrative treatment for musculoskeletal disorders: quantitative results.
Xiao-Yang Hu, London South Bank University.

12.30-13.00 Barriers to working with people affected by cancer: preliminary qualitative data from a mixed methods exploration of practitioner perspectives in nutritional therapy.
Carol Granger, University of Westminster.

13.00-13.45 **Lunch (provided for participants)**

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Wednesday 10th June (continued)

13.45-15.15 Poster presentations (13 posters/ 7 min each)

15.15-15.30 **Coffee break**

15.30-16.00 Chinese herbal medicine for oligomenorrhoea and amenorrhoea in polycystic ovary syndrome: a randomised feasibility study in the United Kingdom.
Lily Lai, University of Southampton.

16.00-16.30 An exploratory study of reiki experiences in women living with cancer.
Maxine Stead, Alexandra House Spa, Huddersfield.

16.30-16.45 **Closing remarks and presentation of CAMSTRAND 2015 prize - Professor Nicky Robinson, London South Bank University.**

Oral Poster presentations

Evaluating the nada ear acupuncture protocol to improve wellbeing and quality of life for men diagnosed with prostate cancer.

Beverley de Valois, Teresa Young, Pam Thorpe, Tarsem Degun, Lynda Jackson
Macmillan Centre, Mount Vernon Cancer Centre.

Improving informed choice about acupuncture and placebo interventions.

Felicity Bishop, Maddy Greville-Harris, George Lewith, Lucy Yardley, Christina Liossi, Cynthia Graham, Peter White, Amy Din, Tim O’Riordan, Christine Bagg, Jennifer Bostock, University of Southampton.

Non-specific Mechanisms in Orthodox and CAM management of back pain (MOCAM).

Susan Eardley, Katherine Bradbury, Felicity Bishop, George Lewith, Lucy Yardley, Janine Leach, Lisa Roberts, Hugh MacPherson, Borislav Dimitrov, University of Southampton.

Exploration of the experiences and concerns of supporters of people with cancer attending Penny Brohn Cancer Care.

Nicole Collaco, Rachel Jolliffe, Helen Seers, Sarah Jackson, Marie Polley, University of Westminster.

AROMA: Aromatherapy to Reduce Oxytocin use for Maternal Augmentation in labour.

Stephanie Grigsby, Poole Hospital NHS Foundation Trust.

The effects of a biopsychosocially structured e-learning programme for non-specific low-back pain on experienced osteopaths’ attitudes to back pain: a mixed-method pilot randomised-controlled trial and qualitative study.

Jerry Draper-Rodj, Steve Vogel, Annette Bishop, British School of Osteopathy.

The trials and tribulations of conducting a randomised controlled trial in an NHS inpatient unit.

Esmé Trevelyan, Warren Turner, Nicola Robinson, London South Bank University.

The use of complementary and alternative medicine among children in Aberdeen: an outcomes-based cross-sectional survey.

Okechukwu Ndu, Alison Strath, Lesley Diack, Robert Gordon University.

Craniosacral Therapy Association (CSTA) survey of research skills & interests of members.

Nicola Brough, Kate Dolan, Hugh Harrison, Judy Hemmons, Chris Low, Craniosacral Therapy Association.

Using kinesiology on individuals diagnosed with irritable bowel syndrome.

Marcia Fletcher, Kinesiology Federation.

Abstracts

Poster presentations (continued)

A survey of craniosacral therapy (CST) practitioners: profiling practice and informing organisational strategy.

Amanda Biggs, Nicola Brough, Cathy Cremer, Daska Hatton, Roger James, Liz Kalinowska, Frederick Maitland, Craniosacral Therapy Association (CSTA) & University of Warwick.

Noncontact healing: what does the research tell us?

CA Roe, Charmaine Sonnex, E Roxburgh, University of Northampton.

Feasibility of using facilitated social prescription to improve the health outcomes for those with Type 2 Diabetes and those at risk of diabetes.

Nicholas Herbert, Karen Pilkington, Damien Ridge, Derek King, Marie Polley, University of Westminster.